

Authentic Mexican Cuisine



FRIDAS

MEXICAN KITCHEN & CANTINA



Fajitas Texanas



Lunch Time
Served Monday-Friday 11:00am - 3:00pm
You can substitute for shredded chicken for 50 cents extra.

Appetizers

Ceviche Tropical

Marinated fish cooked in lime juice, mixed with mango, pico de gallo and olive oil. 10.00
Md 11.00
Lg 24.00

Cocotel de Camaron

Jumbo shrimp mixed in our special cocktail sauce and served with pico de gallo and avocado. Md 16.50
Lg 21.00

Ceviche Tradicional

Md 11.00
Lg 24.00

Fresh Guacamole

Made right at your table! Mouthwatering fresh chunks of avocado, diced onions, tomatoes, cilantro and splash of lime. Market Price

Queso Fundido

Chorizo (Mexican sausage) and mushrooms with melted cheese. 8.99
Chorizo \$10.99 / Poblano \$10.50
Pollo \$15.99

Camarones Gratinados

Grilled jumbo shrimp chopped with onions, covered with melted Mexican cheese. 10.50

Empanadas

One chicken and one beef empanadas over a bed of lettuce, queso fresco and sour cream. 8.99

Pollo gratinado

Grilled chicken chopped with onions, covered with melted Mexican cheese. 8.99

Alitas de pollo

Chicken wings bone in, served with celery sticks and dipping sauce.

Sauces: Plain • Buffalo • BBQ • Mango habanero.
6 Pcs 8.99 / 12 Pcs 15.99

Pupusas

2 corn dough pupusas filled with beans, cheese and pork grinds, served with coleslaw and a side of sauce. 7.00

Corn fritters

4 pieces topped with cotija cheese, and a side of gordita sauce. 10.75

Street Corn

4 pieces with mayo, Tajin, lemon and cotija cheese. 9.75

Dips

Cheese / Beef
Bean / Spinach
Market Price

Trio Dip

Bean dip, cheese dip, guacamole dip. Market Price 5oz

Fridas Layer Dip

Layer of ground beef, beans, pico de gallo, sour cream and cheese. 6.99

Quesadillas

Fajita Quesadilla

Large flour tortilla filled with chicken or steak, bell pepper, onions and cheese. Served with rice. 12.75
Protein: Chicken / Steak / Shrimp

Spinach and Chicken Quesadilla

Two quesadillas filled with grilled chicken and spinach, served with rice and salad. 11.75

Quesadilla Ranchera

One quesadilla filled with beans, cheese, onions and your choice of grilled chicken or steak with salad mix. 11.25

Tacos

Order 3 tacos no mix and match

Tacos de Cochinita Pibil (3)

Pork marinated in annatto, cilantro, onions, tomatillo salsa, habanero and charro beans. 11.99

Tacos de Pastor (3)

Marinated pork, cilantro, onions, tomatillo salsa and charro beans. 11.99

Shrimp Tacos (3)

Battered shrimp in a bisque sauce topped with queso fresco and sauce. 12.99

Tacos de Carne Asada (3)

Grilled steak, cilantro, onions, tomatillo salsa and charro beans. 12.25

Tacos a la Diabla (3)

Spicy grilled steak and chorizo, cilantro, onions, tomatillo salsa, and charro beans. 13.25

Tacos de Carnitas (3)

Pork tips, cilantro, onions, tomatillo salsa and charro beans. 11.99

Fish Tacos (3)

Battered cod fish fillet served in flour tortillas topped with cabbage and avocado sauce. 12.25

Substitute for Mahi Mahi fillet, Add 2.25 extra

Tacos de Chorizo (3)

Mexican sausage, cilantro, onions, tomatillo salsa and charro beans. 10.99

Taco Pork Belly

Pork belly glazed and topped with cilantro and onions, served with beans. 14.75

Taco Smokey Asada

Tender rib eye strips marinated in a Smokey chipotle sauce, garnished with cilantro and onion, served with beans. 14.75

Quesabirria Tacos

2 tacos of beef birria with cheese, topped with cilantro and onion, served with rice and birria consomé. 13.00

Tacos de Chorizo

Mexican sausage, cilantro, onion, tomatillo salsa and charro beans. 11.99

Burritos

Burrito Fridas

One flour tortilla stuffed with grilled chicken, rice, beans and spinach, topped with spinach sauce, cheese sauce and garnished with sour cream. 13.20

Southern Burrito

Honey wheat tortilla stuffed with chicken, steak, lettuce, black beans, cheese, pico de gallo, rice, chipotle sauce. Served with fries or rice. 13.20

Burrito Chicken Chipotle

A tortilla wrapped with grilled chicken, filled with rice, green peppers, covered with creamy chipotle sauce. Served with charro beans. 11.99
Add Steak 1.99 extra

Burrito San Jose

12 inch flour tortilla filled with grilled chicken, chorizo (mexican sausage), rice and beans. Topped with cheese dip and pico de gallo. 11.99

Burrito Deluxe

Two combination burritos -one chicken with beans and one beef with beans. Topped with lettuce, tomatoes, cheese sauce and sour cream, server with rice. 10.75

Burrito Mexicano

One flour tortilla stuffed with grilled chicken, rice, black beans and onions. Topped with queso dip, chipotle sauce, pico de gallo and sour cream. 11.99
Add Steak 1.99 extra

Burrito Fajitas (2)

Tortilla filled with grilled steak or chicken and grilled onions, covered with cheese sauce and sour cream on top, served with rice or beans. 12.25

Enchiladas

Spinach & Chicken Enchiladas

Three corn tortilla stuffed with chicken and spinach, topped with our delicious roasted poblano salsa and queso fresco, served with rice. 10.99

Enchiladas Suizas

Three chicken enchiladas, topped with creamy tomatillo sauce, grated cheddar, sour cream and onions. Served with rice or beans. 10.99

Enchiladas Supremas

Supreme combinations consisting of one chicken, one bean, one cheese and one beef enchilada. All topped with special sauce, cheese, lettuce, tomatoes and sour cream. 10.99

Enchiladas del Puerto

Three enchiladas stuffed with shrimp, crabmeat, onion and tomatoes, topped with a creamy cheese sauce and your choice of rice or beans. 10.99

Chipotle Enchiladas

Three corn tortillas stuffed with shredded chicken, topped with our delicious chipotle cheese salsa, topped with pico de gallo and sour cream, served with rice. 10.99

Enchiladas Bandera

Three corn tortillas, one with chicken, one with beef and one with cheese. Topped with three different sauces. Served with rice or beans. 10.99



Tacos

Nachos

Fajitas Nachos

Grilled steak or chicken, sautéed with onions, red and green bell peppers Mix. 10.99
Chicken \$11.75 / Steak \$12.75
Shrimp \$13.75

Nachos Supremos

Shredded chicken or beef, bean, lettuce, sour cream, pico de gallo and cheese. 9.99

Fridas Nachos

A mix of chicken, chorizo and applewood bacon, topped with refried beans, pico de gallo, sour cream and pickled jalapenos. 10.99

Soups and Salads

Chicken soup

Chicken broth with shredded chicken, rice, broccoli, zucchini, avocado and pico de gallo. 8.75

La Pinata Salad

Salad mix, strawberry, cucumber, pineapple, avocado, red onion, queso fresco and croutons, in a honey vinaigrette dressing. Grilled Chicken: 11.00
Steak: 12.00
Grilled Shrimp: 14.00
Add Chipotle Sauce for \$2+

Taco Salad

Filled with lettuce, beans, cheese, sour cream, tomatoes and choice of beef or chicken. 9.50

Fajita Taco Salad

Grilled steak or chicken. Served with beans and cheese in a crispy shell, topped with salad. 10.25
Mix add 1 extra

Flaca Salad

Salad mix, tomato, onions, avocado, toasted corn, black beans, cucumber, queso fresco with a piquin chile raspberry citrus vinaigrette garnished with crispy tortilla strips. Grilled Chicken or steak: 11.50
Grilled Shrimp: 13.50
Add Chipotle Sauce for \$2+

Make Your Own Lunch Combo

All Combos are served with rice and beans.

PICK ONE 7.99

PICK TWO 8.99

CHOICES

- Enchilada
- Burrito
- Taco (soft or hard shell)
- Quesadilla

MEATS

- Ground Beef
- Shredded chicken
- Shredded beef

FROM THE GRILL

Add \$1.00

- Grilled Steak
- Grilled Chicken
- Grilled Chicken and Spinach



Fridas Salads

Add Ons

Shrimp \$5.75
Chicken \$4.25
Steak \$4.75

Veggies \$3.25
Trio (chicken, steak, shrimp) \$5.75



Plaza del Mar

*Notice: Foods cooked to order, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for food borne illnesses, especially if you have certain medical conditions. To our guests with food sensitivities or allergies: Fridas Mexican Kitchen & Cantina cannot ensure that menu items do not contain ingredients that might cause an allergic reaction.

Specialties

Chile Verde

Pork tips cooked in green sauce. Served with rice, beans and warm tortillas. 13.50

Taquitos Mexicanos

Two chicken and two beef taquitos, served with lettuce, pico de gallo and sour cream. 10.99

Cochinita Pibil

Pork marinated in annato served with rice and pickled onions, habanero. Served with warm tortillas. 13.99

Chimichangas

Two flour tortillas (fried or soft) filled with shredded beef or chicken topped with cheese sauce and rancho sauce. Served with rice and beans. 11.50

Substitute for grilled steak or chicken 1.99 extra

Carnitas

Savory pork chunks served with pico de gallo, rice, beans and tortillas. 13.25

Torta

Mexican style subway stuffed with your choice of meat, lettuce, tomato, avocado, onions, and mayo. Served with fries, refried beans, pickled jalapeños and queso fresco. 10.99

Choice of meat:

A la diablo (Spicy steak and sausage)
Chorizo

Cochinita Pibil with habanero peppers

Sizzling fajitas

All fajitas are grilled with bell peppers and onions. Served with pico de gallo, shredded cheese, sour cream, rice, beans and tortillas. Add Cheese Sauce for \$2.99

Piña loka

Grilled pineapple stuffed with chicken, steak, pepper and onions, topped in our homemade pasilla sauce and melted cheese. 19.00
Add 5 jumbo shrimps for \$ 5.00

Fajitas

Grilled chicken 14.00 or sliced steak. 14.00

Mixed Fajitas

Tender sliced steak and chicken. 14.00

Fajitas Texasas

Tender sliced steak, chicken and shrimp. 17.00

Shrimp Fajitas

Fresh tender shrimp. 19.75

Fajitas Poblanas

Sliced chicken breast grilled with poblano peppers, onions, zucchini, mushrooms and corn, topped with shredded cheese. 16.50

Fajitas Chihuahua

Grilled Steak, chicken and bacon cooked to perfection topped with melted cheese. 17.00

Parrillada for Two

Grilled rye steak, chicken, shrimp, chorizo, carnitas, bell peppers, onions, roasted corn, cambray onions and jalapeños. Served with rice and beans. 40.00

Molcajete

A traditional feast for all! A hot stone bowl filled with ribeye steak, chicken, shrimp, poblano peppers, onions, chunks of pineapple, and honey pasilla sauce topped with shredded cheese. Served with rice and beans. 32.00

Chicken

Chori-pollo

Grilled chicken breast covered with chorizo (mexican sausage) and cheese sauce served with rice and beans. 13.99

Pollo Loco

Grilled chicken breast cooked to perfection and topped with steamed broccoli, yellow squash, zucchini, carrots and melted cheese. Served with rice and beans. 12.99

Pollo Super charro

Grilled chicken breast cooked to perfection with bacon, Mexican (chorizo) and grilled onions. Topped with cheese sauce. Served with rice and charro beans. 13.99

Arroz con pollo

Grilled chicken strips over a layer of rice and topped with cheese sauce and special santa fe sauce. 10.85

Arroz con Pollo y Vegetales

Chicken strips grilled with broccoli, onions, bell peppers, zucchini, squash and mushrooms over a bed of rice drizzled with melted cheese. 13.75

Pollo Relleno

Pan roasted chicken breast stuffed with sautéed vegetables and cheese, roasted tomato chipotle sauce and black beans. 13.75

Pollo San Jose

Grilled chicken breast and mushrooms covered with poblano peppers, onions and chipotle sauce. Served with rice and beans. 13.95

Chicken Spinach

Highly recommended! Grilled chicken breast topped with creamy spinach and bacon sauce. Served with salad and your choice of rice or mashed potatoes. 14.25

Chicken Pasta Fajita

Fajita - style chicken a fettuccini pasta with red and green peppers, onion and our fresh homemade Alfredo sauce topped with fresh queso. 14.25



Piña Colada

DESSERTS 6.25

Churros Rellenos

Mexican churros stuffed with apple glaze, and chocolate syrup.

Tres Leches Cake

Cake soaked in three milks, chocolate syrup, strawberry and mango.

Flan de Vainilla

Mexican vanilla custard and strawberries.

Lava Chocolate Cake

A delicious warm chocolate cake with strawberries, topped with chocolate syrup

Steak

Norteño Special

A delicious combo of grilled chicken breast and sliced steak, one chicken enchilada and pico de gallo. Served with rice or beans and corn tortillas. 17.00

Steak Ranchero

10oz. Rib-eye steak cooked to perfection and seasoned with rancho sauce. Served with rice and beans. 15.99

Carne Asada

Thinly sliced choice steak. Served with rice, beans and avocado salad. 15.99

Steak a la Mexicana

Tender grilled steaksautéed with onions, tomatoes and jalapeño peppers. Served with rice and charro beans. 15.99

Steak and Plantains

Grilled steak served with rice topped with black beans, sour cream, queso fresco, pico de gallo and fried plantains. 13.50

Parillada a la Mexicana for two

Grilled steak, chicken, shrimp, carnitas and mexican sausage cooked with peppers, onions, tomatoes and mushrooms. Served with rice, charro beans, mix salad, sour cream and pico de gallo. 40.00

Chori-Steak

Ribeye steak covered with chorizo (mexican sausage) and cheese sauce. Served with rice, beans and tortillas. 17.99

Chile Colorado

Tender chunks of steak mixed with spicy red salsa. Served with rice, beans and tortillas. 14.25

LOS VEGETARIANOS

A. Bean burrito, cheese enchilada and beans and cheese tostada 10.00

B. Three Vegetable Enchiladas
Stuffed with sautéed zucchini, yellow squash, mushrooms, corn and spinach, topped with spinach sauce, sour cream on top, and fresh grated cheese. Served with rice. 10.25

C. Bean burrito, cheese quesadilla and potato enchilada 10.00

D. Bean burrito, cheese enchilada and veggie quesadilla 10.75

Burrito de Espinaca

Large flour tortilla filled with black beans, lettuce, zucchini, bell peppers, onions, spinach and cheese. 11.99

Veggie Tacos (3)

Zucchini, squash, bell peppers, onions and mushrooms topped with sesame seed. Served with black beans. 11.25

Authentic Chiles Poblano

Two chiles poblanos filled with cheese topped with red rancho sauce and queso fresco. Served with rice and refried beans. 11.99

Quesadilla Vegetariana

Sautéed zucchini, yellow squash, mushroom, corn and spinach, grilled tortilla with sour cream on top and a side of rancho sauce. 11.99

Veggie Fajitas

Fresh grilled vegetables, red and green bell peppers, mushroom, squash, carrots, tomato and onions. 12.99

Burrito Honey

A Honey wheat tortilla filled with mushrooms, squash, fried beans, cheese and pico de gallo. 12.00



Pescado San Jose



Molcajete

Seafood

Pescado San Jose

Mahi Mahi fillet with fresh shrimp, mushrooms, spinach, roasted peppers in a delicious white wine sauce served with your choice of rice or mashed potatoes. 16.99

Pasta de Chipotle con Camaron

Pan seared delicious fettuccini with shrimp, chipotle roasted corn sauce, cilantro and queso fresco. 14.99

Salmon Pasilla

Pan roasted Atlantic Salmon fillet, grilled veggies and a honey pasilla sauce. Served with mashed potatoes or rice. 13.99

Camarones a la Diabla

Jumbo shrimp cooked in our Diabla sauce. Served with rice and black beans. 13.75

Camarones al Mojo de Ajo

Jumbo shrimp sautéed in garlic-butter with avocado chunks with guajillo flavor. Served with rice. 13.99

Arroz con Camaron

Jumbo grilled shrimp over a layer of rice topped with cheese sauce. 13.99

Traditional Combos 13.25

1. Taco, two enchiladas, rice or beans.
2. One chicken burrito, one chicken quesadilla, rice and beans.
3. Beef enchilada, beef taco, chile relleno with cheese and rice.

4. Taco, beef and cheese tostadas, enchilada and rice.

5. One cheese and one beef enchilada, rice and beans.

6. Enchilada, taco, rice and beans.

7. Enchilada, chile relleno, rice and beans.

8. Enchiladas, tamale, rice and beans.

9. One chicken burrito, chicken quesadilla and tamale.

10. Two tacos, enchilada, rice and beans.

11. Burrito, taco and enchilada.

12. Burrito, chicken quesadilla and enchilada.

13. Burrito, enchilada and chile relleno.

14. Burrito, enchilada, tamal and taco.

15. Chicken quesadilla, chile relleno and enchilada.

16. Burrito, enchilada, rice and beans.

17. Burrito, taco, rice and beans.

18. Two chicken enchilada with lettuce, tomatoes, sour cream rice and beans.

19. Burrito, taco and chile relleno.



Lorem ipsum



Fajita Taco Salad

Soft drinks

Fountain Drinks 2.99
Pepsi Products



Milk 3.25
Chocolate Milk 3.25
Orange Juice 3.99
Coffee And Hot Tea 3.50

Aguas Frescas 3.99
Flavored Waters
Horchata, Jamaica And Tamarindo

Kids

Includes unlimited refills for fountain drinks, \$1.50 Upcharge for juice or milk refills

UNDER 12 YEARS OLD

6.99

- Served with rice or beans.
- A. Taco
 - B. Enchilada
 - C. Burrito
 - D. Salchipapas
 - E. Cheese quesadilla

6.99

- Served with fries
- F. Chicken tender
 - G. Cheeseburger



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